

Public Employees Local 71 Trust Fund
Invites You and Your Eligible Dependents to Participate in the

ALASKA COALITION 2017 HEALTH FAIR

8AM – 12 NOON

YOU MUST PRE-REGISTER FOR THE FOLLOWING FAIRS:

MAT-SU VALLEY September 23rd

Mat-Su Regional Medical Center,
2500 S. Woodworth Loop- Palmer

FAIRBANKS

September 23rd & 24th

Carlson Center, 2010 Second Ave.

ANCHORAGE

**October 7th & 8th,
October 14th & 15th**

Ted Stevens Int'l Airport- North Terminal
5000 W. International Airport Road

JUNEAU

October 21st

Centennial Hall, 101 Egan Drive

SOLDOTNA

October 21st

Central Peninsula Hospital
250 Hospital Place

ANCHORAGE

November 4th & 5th

Ted Stevens Int'l Airport- North Terminal
5000 W. International Airport Road

LAB TESTS AVAILABLE AT THE HEALTH FAIR:

Testing is available to eligible adults age 18 and over. Test results will be sent to you directly.

Pre-registration for lab tests and flu shots **opens on August 14th** at

www.coalitionhealthfair.org

Pre-registration closes Sunday before the fair.

CHEMISTRY/HEMATOLOGY PROFILE:

No cost to you – 100% paid by your health plan

This is a comprehensive blood test that screens kidney function, liver enzymes, electrolyte (salt) imbalance, diabetes, tissue disease or damage, coronary heart disease and more. In order to obtain valid results, it is recommended that you fast for 12 hours before testing. Fasting means no food or drink except water. (Diabetics should NOT fast. In all cases, prescription medication should be taken.)

THYROID SCREEN:

No cost to you – 100% paid by your health plan

You may want to do this test if you have a family history of thyroid problems, if you are a female over age 45, or if you are experiencing unexplained weight loss or gain, depression, memory loss, or have a swollen thyroid.

PROSTATE DISEASE SCREEN:

No cost to you – 100% paid by your health plan

Men should have this test annually starting at age 50. Americans of African descent and men with a family history of prostate cancer should start screening at age 40.

VITAMIN D TEST: **No cost to you – 100% paid by your health plan**

This test is for those who are on a Vitamin D regimen or who are considering Vitamin D supplements.

FLU SHOTS:

Flu shots will be offered to eligible participants age 9 and over at no cost to you – 100% paid by the Alaska Coalition – *pending availability of flu vaccine.*

This health fair is brought to you by your Health Plan, through its participation in the Health Care Cost Management Corporation of Alaska (the Coalition).

Be good to yourself and your family!

Regular health screenings can help you learn about your health and detect potential problems early.