

PUBLIC EMPLOYEES LOCAL 71 TRUST FUND

INVITES ELIGIBLE MEMBERS AND THEIR ELIGIBLE DEPENDENTS TO PARTICIPATE IN THE

ALASKA COALITION 2011 HEALTH FAIR
SATURDAYS FROM 8AM – 12 NOON

Anchorage: September 24th & October 8th

Alaska Regional Hospital 2801 DeBarr Rd.

Fairbanks: October 1st & 2nd

Carlson Center, 2010 Second Ave. – Fairbanks

Soldotna: October 15th

Central Peninsula Hospital 250 Hospital Place

Mat-Su Valley: October 15th

AT&T Sports Ctr. 1507 N Double B St.-Palmer

Juneau: October 22nd

Centennial Hall, 101 Egan Drive

SAVE TIME: Pre-register online at

www.coalitionhealthfair.org, but you **MUST** online enroll

NO LATER than midnight of the Wednesday BEFORE
your scheduled health fair.

LAB TESTS AVAILABLE AT THE HEALTH FAIR

Testing is available to eligible adults over age 18. Test results will be sent to you directly.

CHEMISTRY / HEMATOLOGY PROFILE: NO COST TO YOU – 100% PAID BY YOUR HEALTH PLAN

This is a comprehensive blood test that screens kidney function, liver enzymes, electrolyte (salt) imbalance, diabetes, tissue disease or damage, coronary heart disease and more. In order to obtain valid results, it is recommended that you fast for 12 hours before testing. Fasting means no food or drink except water. (Diabetics should NOT fast. In all cases, prescription medication should be taken.)

THYROID SCREEN: NO COST TO YOU – 100% PAID BY YOUR HEALTH PLAN

You may want to do this test if you have a family history of thyroid problems, if you are a female over age 45, or if you are experiencing unexplained weight loss or gain, depression, memory loss, or have a swollen thyroid.

PROSTATE DISEASE SCREEN: NO COST TO YOU – 100% PAID BY YOUR HEALTH PLAN

Men should have this test annually starting at age 50. Americans of African descent and men with a family history of prostate cancer should start screening at age 40.

VITAMIN D TEST: No cost to you – 100% paid by your health plan

This test is for those who are on a Vitamin D regimen or who are considering Vitamin D supplements.

FLU SHOTS

Flu shots will be offered to eligible participants age 9 and over at no cost to you – 100% paid by the Alaska Coalition – pending availability of flu vaccine.

This health fair is brought to you by Public Employees Local 71 Trust Fund, through its participation in the Health Care Cost Management Corporation of Alaska (the Coalition).